Resources for Decatur County Residents In Need of Assistance

(If you find any information on this document to be in error or know of any omissions, please call 785-475-2053 or email <u>fthluthob@ruraltel.net</u>. Thank you!)

Addiction Recovery

Heartland RADAC

Assessment screening & referral for identified treatment with costs covered for folks with Medicaid or without health insurance. **Contact:** 1-800-281-0029 or 913-789-0951

Narcotics Anonymous

Local support group; meets at 7pm on Thursdays. Contact: 102 N Cass, Oberlin, KS 67749 1-785-475-3067

Valley Hope Alcohol and Drug Treatment Center

Chaplains and licensed counselors available for inpatient services including detoxing, classes, and counseling sessions. Contact: 709 W Holm, Norton, KS 67654 800-544-5101

Adoption Services

Adoption Program

Adoption program to work with expectant mothers and perspective adoptive parents. **Contact:** Catholic Charities 122 E 12th St., Hays, KS 67601

<u>www.ccnks.org</u> 785-625-2644

Armed Forces Services

American Legion of Oberlin

Contact: Oberlin Chamber Office for contact information of current service officer. 785-475-3441

American Red Cross, North Central Chapter

Emergency communication for and with military personnel. Contact: 120 W Prescott, Salina, KS 67401 785-827-3644

Veterans Administration

Benefits and resources for those who have served in any branch of the military. Contact: 877-222-8387 www.va.gov

Cash Assistance

Kansas Department of Children and Families

Provides financial assistance to eligible low-income families and those with disabilities.

Contact: Department of Children and Families Colby, KS 67601

785-462-6760

Child Protective Service

Kansas Department of Children and Families

Addresses child abuse or abandonment and services for low income families.

Contact: Department of Children and Families Colby, KS 67601 785-462-6760

Clothing

Bargain Box, Inc.

Thrift store with clothes and household items. Last Saturday of the month: \$3 for a filled paper sack Hours are Monday 9am-5pm; Tuesday through Friday 9am-4pm; Saturday 10am-2pm **Contact:** 201 Penn Ave, Oberlin, KS 67749 785-475-3432

Counseling/Mental Health Care

Angie Witman, Licensed Christian Therapist

Mental health services available from a licensed Christian counselor.

Contact: PO Box 157, Goodland, KS 67735

(Also takes appointments in Colby) 1-800-204-7593

Christian Counseling

Mental health services available, covered by most major insurances & also sliding pay scale. **Contact:** Catholic Charities

122 E 12th St., Hays, KS 67601 <u>www.ccnks.org</u> 785-625-2644

High Plains Mental Health

Mental health services provided; sliding scale based upon income available for payment. **Contacts:** 211 S Norton Ave, Norton, KS 67654

785-877-5141 (Norton Office, Mondays 11am-8pm, T-F, 8am-5pm) (Also provides sessions with a therapist electronically.)
800-432-0333 (Hays Office, available 24 hours a day)

The Schwaller Center

Voluntary crisis center provides up to seven days of housing in Hays, currently free due to a grant. Outpatient services are available, but not required at a cost of \$100-\$130 an hour if insurance is not available.

Contact: High Plains Mental Health Center

785-628-2871

Guiding Star

General counseling services provided for families, individuals and couples by a licensed therapist. Accepts insurance and Medicaid, but not Medicare. Willing to discuss private pay options. Office in Quinter, but telemed options are available.

Contact: 785-299-0720

jaimekinderknecht@gmail.com

Veterans Administration

Benefits and resources for those who have served in any branch of the military.

Contact: 877-222-8387

www.va.gov

Dental Health Care

Colby Community College Dental Program

Free dental services are available at Colby Community College. Dental hygiene students are accepting patients of all ages for free exams, including x-rays, oral cancer screening, gumdisease evaluation, and a thorough cleaning. All information can be sent to the patient's dentist upon request.

Contact: 785-460-5438 and leave a message, if necessary, or 785-460-5449 for Bobette Maier

Rawlins County Dental Clinic

Dental care provided including fillings, cleaning, extractions, dentures, partials and more. Sliding scale payment available.

Contact: 515 State St. (Will relocate in town later in 2024) Atwood, KS 67730

1-785-626-8290 www.rcdentalclinic.com

Disability Assistance and Resources

Developmental Services of Northwest Kansas, Inc.

Advocates for persons with disabilities and those who care about them.

Contact: 2703 Hall St #10, Hays, KS 67601

785-625-5678 www.mydsnwk.org

Disaster Assistance

American Red Cross

Financial assistance and other resources in case of fire, flood, tornado, etc. **Contact:** Disaster Program Manager for Central and Western KS 1-844-334-7569 (toll free, 24/7 contact)

Salvation Army

Limited assistance with utilities, food, medical transportation, fire or disaster relief. Contact: Bobby Koerperich 785-475-8118

Domestic Violence

Options

Domestic and sexual violence survivor services offered to men and women, individuals and families. Housing, legal, counseling services and more are available. Anonymity is provided.

Contact: 1480 W 4th St, Colby, KS

785-625-4202 <u>options@help4abuse.org</u> www.help4abuse

Education

Parents as Teachers

Home visiting program for parents and children, birth through age 5. Parenting and education programs to help children prepare for integration into kindergarten.

Contact: 703 W. 2nd, Oakley, KS 785-672-3125 www.nkesc.org

Early Head Start

Prenatal through age 3, home visiting program. Helping children to prepare for kindergarten.

Contact: 703 W. 2nd, Oakley, KS 785-672-3125 www.nkesc.org

Head Start

Promotes the school readiness of young children from low-income families.

Contact: 201 W. Ash St., Oberlin, KS 67749

785-470-2815 www.nkesc.org

Northwest Kansas Educational Service Center

Provides special education services for students with extra learning challenges.

Contact: 703 W. 2nd, Oakley, KS 785-672-3125 www.nkesc.org

Elder Care

Adult Day Care

Provides supervision and assistance with care on site during the day, including meals. **Contact:** Good Samaritan Society 108 E. Ash St., Oberlin, KS 67749

785-475-2245

Northwest Kansas Area Agency on Aging and Disability Center

Provides resource contacts for serving the elderly and those with disabilities in the area. **Contact:** 510 W 29th St Suite B, Hays, KS 67601 785-628-8204

Elder Support Services

Call to report elder abuse and seek services for senior adults. **Contact:** Department of Children and Families

> Phillipsburg, KS 67661 785-543-5258

Employment

Kansas Works

<u>www.Kansasworks.com</u> lists jobs available within the area and provides free resume assistance. Job assessments and assistance in additional job preparation is available for free. **Contact:** 785-462-2024

Vocational Rehabilitation

Services to empower Kansans with disabilities to become gainfully employed and self-sufficient.

Contact: Department of Children and Family Services

1135 S Country Club Drive, Suite 1Colby, KS 67701785-462-6985www.dcf.ks.gov/services/RS/Pages/Employment-Services.aspx

Emergency Funds

American Red Cross, North Central Chapter

Assistance in times of disasters such as fire, earthquake, tornados or floods.

Contact: 120 W Prescott, Salina, KS 67401 785-827-3644

Catholic Charities Emergency Assistance

Limited funds available for emergency situations such as utility payment prior to shut-off, rent, or medical expenses.

Contact: Catholic Charities

122 E 12th St., Hays, KS 67601 <u>www.cenks.org</u> 785-625-2644

Decatur County Ministerial Association

Limited funds available for emergency situations such as rent, utility payment prior to shutoff or medical expenses.

Contact: United Methodist Church of Oberlin 102 N. Cass (Available M-F, 8am-12pm) Oberlin, KS 67749 (785) 475-3067

The Gateway Office 1 Morgan Drive (Available M-F, 8am-5pm) Oberlin, KS 67749 (785) 475-2217

Family/Parenting Support

Miriam's Hope

Assistance for fractured families providing an on-site living, education, and spiritual support system.

Contact: Luke and Corina Kliewer

402-831-0431 www.miriamshope.com

<u>Financial</u>

Kansas Loan Pool Project

Help with managing re-payment of predatory loans.

Contact: Catholic Charities

122 E 12th St., Hays, KS 67601 www.ccnks.org 785-625-2644

<u>Food</u>

Northwest Kansas Area Agency on Aging

Well balanced nutritional meals provided Monday through Friday for a low cost. Recipients under 60 years of age pay at a reduced rate, if able. SNAP benefits can be used to cover the costs. Meals can be delivered to homes or are served at the Golden Age Center at noon.

Contact: Golden Age Center Meal Site Coordinator 105 W Maple St., Oberlin, KS 67749 785-475-3222

Catholic Charities

Catholic Charities agencies come to the Gateway on third Wednesdays from 12:30pm-1:30pm to provide food items and take applications for other forms of assistance.

Contact: Catholic Charities

122 E 12th St., Hays, KS 67601 <u>www.ccnks.org</u> 785-625-2644

Commodities Distribution

Free food given away 6 times per year; must be income qualified.

Contact: United Methodist Church of Oberlin

102 N. Cass Ave (Enter through alley on the north) Oberlin, KS 67749 785-470-3067

Decatur County Food Pantry

Free distribution of food, cleaning supplies and toiletries for struggling individuals or families. **Hours:** 10:00am – 2:00 pm Mondays and Fridays

Hours: $10.00 \text{ and } - 2.00 \text{ pint Wondays and Fildays$

Contact: United Methodist Church of Oberlin

102 N. Cass Ave (Enter through alley on the north) Oberlin, KS 67749 785-470-3067

Kansas Food Assistance Program (Previously "Food Stamps")

Kansas' Supplemental Nutrition Assistance Program (SNAP) is the program which provides healthy meals, grocery assistance, and education to Kansas residents, who meet program requirements.

Contact: Department of Children and Families Colby, KS 67601 785-462-6760

Kansas Food Bank Mobile Food Pantry

Free food delivered from Wichita once a month for distribution in a one-hour period, usually a Monday from 11:30am until 12:30pm.

Contact: United Methodist Church of Oberlin

102 N. Cass (Enter through alley on the north) Oberlin, KS 67749 785-475-3067

Salvation Army

Limited assistance with utilities, food, medical transportation, fire or disaster relief. Contact: Bobby Koerperich 785-475-8118

Funeral Assistance

American Red Cross, North Central Chapter

Can offer funeral assistance if person dies in a fire. **Contact:** Nicole Bartlett

145 S Broadway Blvd., Salina, KS 67401 785-827-3644

Housing

Catholic Charities

Catholic Charities agencies help to provide safe, decent, affordable housing, with permanent units for families, seniors, veterans and others, as well as temporary and emergency housing.

Contact: Catholic Charities 122 E 12th St., Hays, KS 67601 www.ccnks.org

785-625-2644

Sappa Valley Manor

Income based apartments available. Contact: 202 N. Elk Ave. Oberlin, KS 67749 785-475-3010

Parkview Apartments

Income based apartments available. **Contact:** 311 N. Garfield Ave., Oberlin, KS 67749 <u>Parkview@belmontmgt.net</u> <u>www.belmontmgt.net</u> 785-475-2588

International Services

American Red Cross, North Central Chapter

Assistance in times of international disasters or incidents. **Contact:** 145 S Broadway Blvd., Salina, KS 67401

Legal Assistance

Kansas Legal Services

A non-profit firm and community education organization helping low and moderate income people in Kansans meet their basic needs through providing essential legal and mediation services.

Contact: 2017 N Vine St., Hays, KS 67601 316-267-3975 for client intake 785-625-4514 for information

Medical Care

Decatur Health Emergency Department

24 hour medical facility that will treat anyone in need of immediate medical care.

Contact: 810 West Columbia Street

Oberlin, KS 67749 911 or 785-475-2208

Decatur County Family Practice Clinic

Quality medical care Monday through Thursday, 8:30-12 and 1-5. Fridays, 9-12 and 1-5. Same day appointments usually available. Saturday walk-in clinic from 9-12. A Financial Assistance Policy is available for those that need assistance.

Contact: 902 West Columbia Street Oberlin, KS 67749 785-475-2015

Hoxie Medical Clinic

Provides quality medical care, sliding fee scale discount is available to those who qualify. Also provides prescription assistance.

Contact: 826 18th Street, Suite A, Hoxie, KS 67740-4373 785- 675-3018

Veterans Administration

Benefits and resources for those who have served in any branch of the military. Contact: 877-222-8387 www.va.gov

Medical Equipment

American Legion Auxiliary

Provides durable medical supplies such as wheelchairs, crutches, raised toilets, etc. **Contact:** Cherrish Seifert 785-475-3822 (9am-5pm)

Medical Expenses

Decatur County Helping Hands for Health Care

Financial assistance for those struggling to meet medical care costs including doctor's bills, and medications for emergency situations and chronic care. Must be a resident of Decatur County for at least one year.

Contacts: Chris Hackney (785-470-7307), Regina Stanley (785-475-2143) or Carla Depperschmidt (785-475-3452)

Decatur County Ministerial Association

Limited funds available for emergency situations such as utility payment prior to shut-off or medical expenses.

Contact: United Methodist Church of Oberlin 102 N. Cass (Available M-F, 8am-12pm) Oberlin, KS 67749 (785) 475-3067

The Gateway Office 1 Morgan Drive (Available M-F, 8am-5pm) Oberlin, KS 67749 (785) 475-2217

KanCare

KanCare is an insurance plan designed for children, pregnant women, non-adult parents, and caregivers of the low-income households of Kansas. In some cases, even parents from below-the-poverty-level households are eligible for medical services.

Contact: Department of Children and Families

Phillipsburg, KS 67661 785-543-5258

Mark Cuban Cost Plus Drug Company

Source of prescription drugs at greatly reduced prices. **Contact:** https://costplusdrugs.com/

Medicaid

Medicaid is the official medical service program of the State for its low-income residents. Qualified children and their caretakers, pregnant women, disabled persons, legally blind and individuals who are 65 years and above can avail of health services from accredited Medicaid partners.

Contact: Department of Children and Families

Phillipsburg, KS 67661 785-543-5258

Northwest Kansas Foundation for HOPE

Helps offset medical expenses for Northwest Kansas families afflicted with cancer.

Contact: nwks-hope@st-tel.net 785-443-0395 http://nwks-hope.org/

Salvation Army

Limited assistance with utilities, food, medical transportation, fire or disaster relief. Contact: Bobby Koerperich 785-475-8118

Shriners Hospitals for Children

Provides assistance for ages 18 and younger with burn or orthopedic needs with referral from local doctor. Financial support and transportation assistance available for appointments at a Shriners Hospital.

Contact: Isis Shrine Center PO Box 2778 Salina, KS 67402 785-825-0206

Mental Health

Angie Witman, Certified Christian Therapist

Professional Christian counseling services offered by a licensed therapist available in Colby and Goodland.

Contact: Meiers Clinic PO Box 157, Goodland, KS 67735

1-800-204-7593

Catholic Charities

Mental health services available, covered by most major insurances & also sliding pay scale. **Contact:** Catholic Charities

122 E 12th St., Hays, KS 67601

<u>www.ccnks.org</u> 785-625-2644

High Plains Mental Health

Mental health services provided; sliding scale based upon income available for payment. **Contacts:** 211 S Norton Ave, Norton, KS 67654

785-877-5141 (Norton Office, Mondays 11am-8pm, T-F, 8am-5pm) (Also provides sessions with a therapist electronically.) 800-432-0333 (Hays Office, available 24 hours a day)

Pregnancy

Catholic Charities

Support for expectant mothers, including provision of some baby supplies. Adoption program to work with expectant mothers and perspective adoptive parents. **Contact:** Catholic Charities 122 E 12th St., Hays, KS 67601 www.ccnks.org

785-625-2644

Hope's Place

Pregnancy care center offering free assistance and support for pregnant mothers including services and baby items, adoption support, parenting classes, prenatal support, etc.

Contact: 902 W Old Highway 24, Goodland, KS 67735 785-890-4673 www.hopesplace-goodland.com

Sexual Violence

Options

Domestic and sexual violence survivor services offered to men and women, individuals and families. Housing, legal, counseling services and more are available. Anonymity is provided.

Contact: 1480 W 4th St, Colby, KS 785-625-4202 <u>options@help4abuse.org</u> www.help4abuse

Transportation

County Transportation Bus

Transportation within Decatur County coordinated as needed Monday-Friday, 8am-5pm; donations welcome.

Contact: County Clerk's Office 785-475-8102

Medicaid

Medicaid often provides transportation cost reimbursement and even drivers for Medicaid recipients to attend medical appointments.

Contact: Transportation phone number on back of insurance card or contact insurance provider

Transient Assistance

Oberlin Police Department

Limited funds are available to assist with gas and/or food for folks who are not from the local community and traveling through to other places. Photo ID required for background check.

Contact: Oberlin Police Department

101 W. Commercial St., Oberlin, KS 67749 785-475-2622

Utilities

City of Oberlin

Budget billing may be created to provide an average monthly payment plan; Must have 12 months of good payment history. Apply by September.

Contact: Anita Weber

Gateway Civic Center 1 Morgan Drive, Oberlin, KS 67749 785-475-2217

Catholic Charities Emergency Assistance

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122 E 12th St., Hays, KS 67601 <u>www.ccnks.org</u> 785-625-2644

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Kansas Weatherization Assistance Program

The Kansas Weatherization Assistance Program (WAP) is designed to reduce the energy usage of low-income families by implementing energy efficiency measures in their homes. For example: repair and replacement of heating system, installation of insulation and caulking free to low-income home owners who qualify.

Contact: North Central Regional Planning Commission of Beloit 800-432-0303

Low Income Energy Assistance Program (LIEAP)

The Kansas Low Income Home Energy Assistance Program (LIEAP) is a federally funded program that provides energy assistance to low-income families in the state of Kansas by paying part of their home energy costs. Applications for the program must be made between January 1 and March 31.

Contact: Gateway Civic Center	1 Morgan Drive, Oberlin, KS 67749
	785-475-2217
Oberlin Post Office	135 E. Hall St., Oberlin, KS 67749
	785-475-2011
Kansas LIEAP Office	800-432-0043
www.oapub1.dcf.ks.govEnglish (Online Application form)	

Midwest Customers Care

Energy assistance for eligible Midwest Energy customers. Contact: Salvation Army 816-756-5392, Option 3

Salvation Army

Limited assistance with utilities, food, medical transportation, fire or disaster relief Contact: Bobby Koerperich 785-475-8118

<u>Vision</u>

Lions Club

Helps to provide glasses and vision care for those in need Contact: Jack Benton 785-475-3174